

# **Community Resources**

#### 211

- All local services and programs.
- Categories include: Emergency/disaster info, housing/shelter, continuing care, financial, mental health & addiction, disability, transportation and more!

## **Kids Help Phone**

1-800-668-6868 (24/7 availability)

#### **Mental Health Crisis Line**

1-888-492-8167 (24/7 availability)

**Pictou County Food Bank East** – <a href="https://www.feednovascotia.ca/location/pictou-county-east-food-bank">https://www.feednovascotia.ca/location/pictou-county-east-food-bank</a> (902) 755-2906

Pictou County Women's Resource Centre – <a href="http://womenscentre.ca/">http://womenscentre.ca/</a> (902) 755-4647 | pcwc@womenscentre.ca

# Pictou County Regional Enterprise Network - <a href="https://pictoucounty.com/">https://pictoucounty.com/</a>

(902) 755-2244 | office@pcren.ca

- A network that provides resources and supports for businesses in Pictou County. Also provides a list of local businesses that have adapted their services to fit the ongoing situation.

**United Way Pictou County** – <a href="http://www.pictoucountyunitedway.ca/">http://www.pictoucountyunitedway.ca/</a> (902) 755-1754 | info@pictoucountyunitedway.ca

# **Department of Environment** – <a href="https://novascotia.ca/nse/dept/regional-office-locations.asp">https://novascotia.ca/nse/dept/regional-office-locations.asp</a>

Pictou County Office: (902) 396-4194 Marc Theriault, District Manager

20 Pumphouse Rd. | RR #3 | New Glasgow, NS B2H 5C6

### Province of Nova Scotia: Coronavirus Information – https://novascotia.ca/coronavirus/

- The most accurate and up-to-date information regarding COVID-19 within Nova Scotia. Includes information regarding testing data, alerts & notices, as well as support for individuals, families, and businesses – and more!

### **Public Health Offices** – http://www.nshealth.ca/public-health-offices

- Up-to-date information regarding Public Health Offices in Nova Scotia. Includes information regarding COVID-19, assessment centres, temporary closures – and more!

**Health Canada** - <a href="https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/canadas-reponse.html">https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/canadas-reponse.html</a>

https://www.canada.ca/en/public-health/services/publications/diseases-conditions/self-monitoring-self-isolation-isolation-for-covid-19.html

- Government of Canada pages with information regarding COVID-19, and specifically the differences between self-monitoring, self-isolating, and isolation.